



THE 'UNSUNG HEROES' OF THE SEA

Sera x *Lilibet's* - Mayfair -

THE 'UNSUNG HEROES' OF THE SEA

06.11.25

Spider Crab (*Devon*)

Sweet, rich, and quietly extraordinary

Sea urchin (*Brixham*)

Coveted yet misunderstood, pure concentration of the sea

Bonito (*Cornwall*)

The cousin of tuna, leaner, sharper, and infinitely more expressive

Needlefish (*Brixham*)

Sleek and silver, with a clean, briny taste, meaty and lean

Scotch Halibut (*Scotland*)

A fish prized for balance and texture

Chrysanthemum Salad, Caesar dressing

An underused, herbaceous green

Hake head (*UK*)

An unsung cut that holds extraordinary flavour

Gurnard (*UK*)

Baked rice, saffron aoli

A bycatch fish of real depth and quiet sweetness

Unsung heroes mash

A tribute to the humble and undiscovered

Squat lobster bisque (*Scotland*)

Small, intensely sweet crustacean, often under appreciated

Prego 'steak sandwich'

Princess cake

